



TAKE PART

Guidance for Support Workers





Creating Community Through Theatre

SAVVY is an inclusive theatre company, producing shows and theatre projects for and with people who have a varied range of abilities.

We ask that if people need support whilst in a group, they bring their own support worker to assist them.

All we ask from your support is that you encourage, participate and SMILE!

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Support and actively encourage people to be as involved or independent as possible for themselves. We encourage people to come to our groups because they enjoy drama, not because they need something to do at that particular time. This should be reflected with the support that they are receiving.

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Make sure you SMILE and get involved, even if the activity isn't something you might personally have chosen.

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Involved, if you are in the room, you must be involved! You must be actively supporting the person you came with if requested. Please do not spend the session looking at your mobile phone, reading a book or catching up on paperwork.

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Let the people you are supporting know the appropriate clothing, footwear, drinks they need for the group they are attending, especially on show days. Participants will be told what to wear and that they will need to bring drinks and snacks for the day, as these tend to be long hours. This will need to be planned in advance as some of our venues for shows are away from local amenities.

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Enjoy yourselves! (If you don't enjoy the session but are engaged this also helps the time go faster and creates a great atmosphere, it is extremely encouraging and warming to see enthusiasm from support workers and it helps to bring out the best in participants).





We will strive to make sure our sessions are dynamic, entertaining and person centred. The sessions are inclusive and open – meaning suggestions are welcome and group ideas contribute towards our planning and show development.

Most importantly we want people to enjoy themselves and have fun and we need support workers to help us to do this.

If you have any questions, please speak to the SAVVY facilitator in charge of the session. They will be more than happy to answer any concerns you may have.

And remember whatever happens – SMILE and HAVE FUN!

Show Days

Show days are always a lot of fun and extremely memorable for all, and SAVVY values the hard work that everyone puts in to make these shows the best they can be.

There are always people backstage who are more than willing to help if you have any questions regarding the show or the theatre in general. We expect professionalism and commitment from all involved with us so please observe a few points about SAVVY show days.

- Please wear all black as it may be likely for you to support someone onstage. If you don't have any plain black, dark colours are fine, but please avoid clothes with any obvious logos.
- Please remain quiet backstage during the shows and final rehearsals.
- It can become very busy backstage. On arrival, you will be given an allocated space where you can dress and relax, but please support your person to stay in this designated area. A show runner will call them (and you) to the stage when needed. At the end of the day please ensure your area is left clean and tidy.
- **Please be prepared and bring enough food and drinks for those you are supporting.** Remember we are there

for at least 6 hours. If you do need to leave the theatre for any reason, as well as signing out of the building, please inform a member of SAVVY staff.

If you have been supporting someone throughout rehearsals, we would love to have you attend the show day and support your person. We completely understand that this isn't always possible due to staff rotas, so a detailed handover to whoever will be supporting, would be much appreciated. Our members have spent months preparing and rehearsing towards the show and deserve the utmost support, in order for them to do their best.

If you know of any changes or problems prior to coming on show day, please call SAVVY on: 07391 997 030

Thank you so much for your help and support.





CREATING COMMUNITY THROUGH THEATRE

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